

The North American Division [Elementary Physical Education Standards, 2016](#)

is to be used for designing the physical education instruction.

KINDERGARTEN

Kindergarten Stepping Stones: A Journey to Excellence through Discovery (KH) is an integrated curriculum that utilizes literature-based themes with strong spiritual connections so children may come to know God better and love him more.

The *SPARK Physical Education K-2* program, as described below, provides daily lesson plans created to develop physical skills and fitness.

GRADES 1-8

SPARK Physical Education program (K-2, 3-6, 6-8) is the adopted physical education program for grades 1-8. These SPARK materials are designed to involve all students, create a more active environment, incorporate social skills, and emphasize health-related fitness and skill development.

The following are components of the SPARK program and are available for each grade band; K-2, 3-6, and 6-8:

- Manual (notebook format containing users guide, unit activities, and daily lesson plans)
- Music CD (preview music, as some selections may not be appropriate)
- *SPARKfolio* (box format with extended card activities laminated and ready for use)
- [SPARKfamily.org](#) (online resources)

Order forms are available on the [NAD PE website: pe.adventisteducation.org](#)

MULTI-GRADE IMPLEMENTATION

NAD Multi-grade Physical Education, Grades 1-4 provides lessons structured to teach one physical education class to all four primary grades. *NAD Multi-grade Physical Education, Grades 5-8* provides lessons to teach one physical education class to the upper grades. The content is based on the SPARK 3-6 materials and is available as a download on [the North American Division Physical Education website](#). In addition to the multi-grade manuals, teachers will need to order SPARK Physical Education, Grades 3-6 (on order form Set #3) and those teaching grades 1-2 will also need access to the online materials for grades K-2 (K-2 PE [SPARKfamily.org](#)).

The Personal Best Days from SPARK (built into our lesson plans with Units 2, 4, 6, 8, and 10) are designed to provide the same type of experience as the Presidential Youth Fitness Program.

Teachers in one-teacher schools will choose to implement either the grades 1-4 or grades 5-8 manual based on which band reflects the greatest number of students enrolled. The lessons in the alternate manual will be used to support instruction. For example, if there are 3 students in grades 1-4 and 8 students in grades 5-8, it would be best to plan from the *NAD Multi-grade Physical Education, Grades 5-8* document.

SUPPLEMENTARY MATERIALS

Kids are Made to Move! Dr. Debbie Morgan, a seasoned teacher with experiences from elementary to collegiate settings, has created materials suitable for use in elementary schools, grades K-8. Her passion is to motivate teachers and students to be physically active and equip teachers to provide fun-filled, high-quality physical education programs for students. Dr. Morgan's latest programs: "Innovative Physical Education Activities for Children in grades K-2" and "Innovative Physical Education Activities for Children in grades 3-8" include a 2-DVD set of physical activities and games, plus an accompanying teacher's manual. Each set contains suitable content for a year of 30-minute classes that meet 2 to 3 times a week. Programs may be [ordered through email](#) or using the order form on [the website Curriculum Page](#).

